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# **COVID AGE : FROM DISASTER TO REFORM OPPORTUNITY**

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## **ABSTRACT**

Coronavirus, a Virus that even can't seen without microscope that takes away the life of Million of peoples at world large. Corona Virus born in the Wuhan city of china in December, 2019 when a patient was suspected for pneumonia actually that had corona virus. The number of cases increases, the world health organization declared corona virus as a matter of public health emergency of international concern<sup>1</sup> on 30<sup>th</sup> January, 2020. The symptom of corona virus are sneezing, dry cough, fever, Breathing issues etc mainly as per W.H.O report. Suddenly in the mid of February month, the number of positive cases and death due to COVID-19 rapidly increases taking all into the consideration W.H.O declared corona as a Pandemic<sup>2</sup> and issue guidelines on 11<sup>th</sup> of March, 2020. With effect from that declaration the world went into lockdown. All public places, clubs, all commercial activities, schools, colleges, all means of transport were strictly shut down. The **RULE OF SOCIAL DISTANCING**<sup>3</sup> was made strictly mandatory for all concerns throughout the World. The entire city looking likes Mask Wearing city. Sanitization and soap become compulsory equipment for fighting against covid19. At this crucial stage of time every eyes is searching looking for a ray of relief from this darken cloud virus that makes everyone completely disabled from every aspect. The most powerful countries such as US, EUROPE looking unable to control the ongoing situation. The people have no option other than to wait as the entire scientists of this world are deeply engaged in searching and preparing for vaccines. Though we all are going through a crucial stage of period but we must not forget the contribution of all health workers, medical staff, doctors cleaner staff as they are fearlessly served us at this pathetic time.

**Keywords: W.H.O, Social distancing, Human Health, Pandemic, Covid-19, Lock-down, Quarantine**

## **INTRODUCTION:**

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<sup>1</sup> The world health organization report published in economics times on 30<sup>th</sup> January,2020

<sup>2</sup> The Director-general of WHO ,AT A NEWS CONFERENCE dated 11<sup>th</sup> ,march,2020

<sup>3</sup> Social distancing are meant for avoiding the spread of virus in a community or into the society: NIH RESEARCH

Neither a blast nor a natural disaster, a virus that even cannot see proper without microscope, that takes million of Peoples into permanent sleeping mode. A Virus which born in Wuhan city of china, that exclusively responsible for life of million of people at world large. Corona-virus significantly affected the health of human being specially in respiratory system<sup>4</sup> of human body as a result breathing issues and finally that lead to death. The Journey of Corona virus begins from the Wuhan city of china in December 2019 when a patient was suspected of pneumonia actually that had corona virus. As The number of cases increases the world health organization declared coronavirus as a matter of public health emergency of international concern on 30<sup>th</sup> January 2020. The symptom of corona virus are sneezing, dry cough, fever, breathing issues etc. mainly as per mention in the W.H.O report. Suddenly in the mid of February month number of positive cases rapidly increases and the number of death due to COVID- 19 rapidly increases taking all into the consideration W.H.O declared corona as a pandemic and issue guidelines on 11<sup>th</sup> of march.2020. The most powerful countries like the US, GERMANY, ITALY Looking unable to control the situation whereas every eye is searching looking for a ray of relief from this darken cloud virus that makes everyone completely disabled from every aspect. All public places, clubs,all commercial activities, schools, colleges, all means of transport were strictly shut down. The RULE OF SOCIAL DISTANCING were strictly mandatory for all concern at large. The crowed city seems looks like turns into quarantine city. Sanitization and soap becomes compulsory equipment for fighting against covid19.

### **ORIGIN OF CORONA VIRUS AND ITS CONSEQUENCES :**

Corona- virus , the Murderer of Million of people, first time found in Wuhan city of China in the month of December, 2019 when a patient was suspected for pneumonia<sup>5</sup> actually that had corona virus. As per Dr. Yves Cohen, A Patient treated in a hospital near Paris on 27 Dec. 2019 For suspected Pneumonia, actually that had the corona virus.

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<sup>4</sup> SOURCES:BBC NEWS ON 16<sup>TH</sup> APRIL,2020 ,www.bbc.com

<sup>5</sup> Sources: Retrospective investigation by Chinese authorities have identified human cases with onset of symptoms in early December 2019 .www.who.int on 10<sup>th</sup> april,2020

## **SYMPTOMS :**

According to Broadcaster BFMTV INTERVIEW, Amirouche Hammer, a Patient, was admitted to hospital on 27<sup>th</sup> of December, 2019 exhibiting a dry cough, fever and trouble breathing symptoms which would later become known as main indication of corona virus.

## **W.H.O. REPORT :**

As per world health organization report the symptoms of corona virus are;-

- DRY COUGH
- FEVER
- HEAD PAIN
- BREATHING ISSUES

## **CONSEQUENCES:**

The coronavirus was declared as a public health emergency of international concern on 30<sup>th</sup> Jan, 2020. On 11<sup>th</sup> February 2020, the W.H.O announced a name for coronavirus disease as **COVID-19**. Due to rapidly increases and uncontrolled situation of this outbreak, On 11<sup>th</sup> of march,2020, Adhanom Ghebreyesus, the Director General of W.H.O, as said in news conference that – “We are deeply concerned both by the alarming levels of spread and severity [of covid-19] and by the alarming levels of inaction, We have therefore made the assessment that COVID-19 can be characterized as a **PANDEMIC**”<sup>6</sup>.”

- The commercial activities, import-export, transport system etc are prohibited for uncertain period
- All international airlines services are strictly banned until further notice
- Public gathering, film theatres, club, shopping mall etc are shut down
- All school and university are closed

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<sup>6</sup> The economic times news dated 12<sup>th</sup> March,2020

## **IMPACT AND ACTION OF INDIAN GOVT:**

Taking into consideration of seriousness W.H.O announcement the Govt. of India under the leadership of honorable Prime Minister Sri Narendra D. Modi Ji have taken following action to prevent from the corona- virus:-

- Launch of Aarogya setu<sup>7</sup> app that aims to identify and self-assessment purposes.
- A 14 days compulsory quarantine for those people who come back from foreign to observe the symptoms of COVID-19.
- Free check-up at all government hospitals.
- Advertisement of corona-virus and its symptoms in all regional languages throughout the nation.
- Janta Curfew on 22<sup>nd</sup> March 2020 From [7 am to 9 pm] in the respect of all medical staff, doctors, cleaner staff.
- Phase one lockdown; from 25<sup>th</sup> March to 14<sup>th</sup> April 2020
- Phase two lockdown; from 15<sup>th</sup> April to 3<sup>rd</sup> May 2020
- Phase three lockdown from 4<sup>th</sup> May to 17<sup>th</sup> May 2020
- Phase fourth lockdown from 18<sup>th</sup> May to 31<sup>st</sup> May 2020

During these all phases the rule of social distancing was strictly mandatory for all concern except emergency essential services all organizations were shut down including all commercial activities, school colleges, private offices, public gathering places of worship etc. The IPL Tournament was also canceled due to this outbreak. We feel pride for all incentives that are taken by the govt. for poor people and assisting, helping to other foreign countries in this crucial stage of Pandemic.

## **GOVERNMENT SCHEME:**

The Central Government<sup>8</sup> has provided Rs. 34800 Crore financial assistance using digital payment infrastructure to about 39 crore beneficiaries under the Pradhan Mantri Garib Kalyan package (PMGKP) to protect them from the impact of COVID -19 lock down .As part of the Rs.1.70 lakh

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<sup>7</sup> Aarogya setu app was developed by the national Informatics centre under the ministry of Electronics & information technology on 2<sup>nd</sup> April,2020: REPORT BY The HINDU

<sup>8</sup> Sources: [www.india.gov.in](http://www.india.gov.in)

crore PMGKP, announced by finance minister Nirmala Sitharaman ji on March 26, the government announced free food grains and cash payment to women and poor senior citizens and farmers.

### **INSURANCE SCHEME FOR HEALTH WORKERS FIGHTING AGAINST COVID-19:**

This accident insurance scheme covers

- Loss of life due to coronavirus disease
- Death of any public health care provider during discharging their service
- An amount of INR 50 LAKH shall be paid to the legal representatives or family members of the insured person.

### **SLOGAN ISSUED BY CENTRAL GOVERNMENT:**

In order to prevent the people from coronavirus, govt. has issued a slogan “Stay home, Stay Safe” so that people can aware themselves towards the seriousness of the COVID-19

- Various Preventive Guidelines by the government are -
- Use of mask.
- Compulsory Use of soap or alcohol based sanitize for hand wash purposes at proper interval.
- Maintain social distancing .

### **PUNISHMENT FOR ATTACK ON HEALTH WORKERS:**

- Such offenses shall be considered as cognizable and non-bailable<sup>9</sup>.
- The punishment for such attackers shall be 3 months to 5 years.
- The amount of fine will be From Rs.50000 to Rs.2 Lakhs depend upon the nature of the seriousness of case.

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<sup>9</sup> The union cabinet approved the promulgation of an ordinance to amend the Epidemic Diseases Act, 1897

- However, for grievous injuries the punishment will be fine up to Rs. 5 lakhs and imprisonment for a term up to 7 years.

### **POST COVID PERIOD AND REFORM OPPORTUNITY:**

- Every event has a dual outcome likewise corona-virus outbreak has following positive outcome;-
- The decline in pollution level at world large.
- People can concentrate on their health issue
- Have a nice time to spend with family that ultimately solve the lots of family disputes issues among family members.
- Great opportunity to build up a strong immune system.
- Great time to maintain a balanced diet which earlier was not possible due to the busy schedule.
- Water body will be more cleaner as compare to previous as all industries are presently shut down.
- Time to think a fresh start-up with positive energy.
- Time to get mental exercise such as yoga that prevent from major diseases and provide us a mental strength.
- Students will get more opportunities to build up their knowledge through online resources.
- From here people must maintain their routine of awakening and sleeping which earlier was not possible due to the burden of office work.
- By following the Ayurveda tips, people not only can prevent themselves from various diseases but also build strong health which is much need and demand of the hour
- From here, we are moving towards a healthy world where the people will understand the needs of clean and tidy
- Finally, people must heartily accept the phrase that's Health is wealth

And its commencement of a new age that's **HEALTHLY AGE**, an age whereby people gives priority to clean and tidy because ultimately cleanliness is next to godliness.

## **CONCLUSION:**

In this universe whatever problem arises must have its definite solution and whatever negative outbreak comes must have their positive ending and that positive ending is the indicator for fresh start-up with lots of positive impact which must people will feel at later stage of time. In this crucial stage of time whereby world is running under the threats and uncertainty and every eye looking for rays of relief that prevent from the darken cloud of disaster. Though it will take time as all scientist are deeply engaged in preparing the vaccine till then we need to take patience with a positive hope that one day the corona the murderer of million people will go. Till I hope and believe that people will concentrate on their health, because health is the source of all wealth. The Guidelines provided by the government must be followed in the strict sense in order to prevent coronavirus and must consult with doctors as soon as any symptoms of the coronavirus diseases arises as laid down by the world health organization.